



# HUMAN RIGHTS-BASED NDCs 2025



A Civil Society Guidebook





## In this guidebook

Tips and tools to understand and  
monitor your country's NDCs

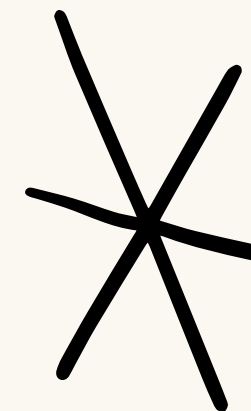
**1. What Are NDCs?**

**2. Why Human Rights-Based?**

**3. What Can You Do?**

- ✓ Reach out to your government
- ✓ Exercise your right to participate
- ✓ Review your country's NDCs
- ✓ Hold your government accountable

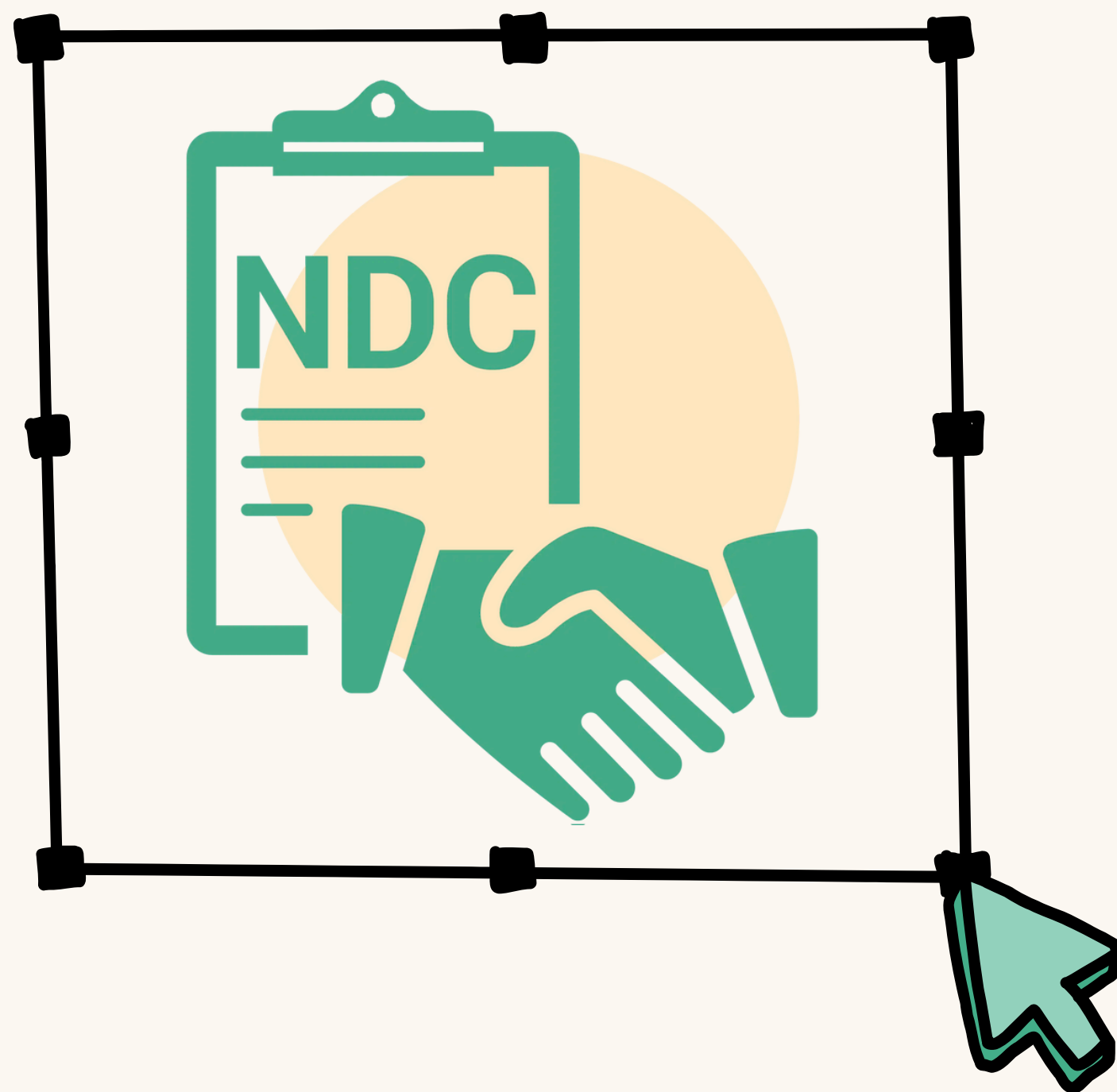
**4. Contacts**



# What Are NDCs?

Nationally Determined Contributions (NDCs) are the national plans that each Party to the Paris Agreement is required to prepare and communicate every five years. The plans are meant to demonstrate countries' contributions to the shared, global climate objectives, reflect their highest possible ambition, and need to demonstrate progress in terms of climate ambition and in the context of equity.

→ The next round of NDCs must be delivered by all Parties to the Paris Agreement well ahead of COP30.





# Why Human Rights-based?



## It's an Obligation

All Parties to the Paris Agreement have human rights obligations and have affirmed to respect, protect and consider these commitments – along with a range of important related aspects such as just transition and gender equality – in the context of climate action.



## It's More Effective

The Intergovernmental Panel on Climate Change (IPCC) has confirmed that human rights-based policies are also the most effective form of climate action.





**TIME TO ACT**

## ► What Can YOU do?

1

Reach out to your government and call for a strong human rights-based NDC

2

Exercise your right to participate in the process of drafting NDCs

3

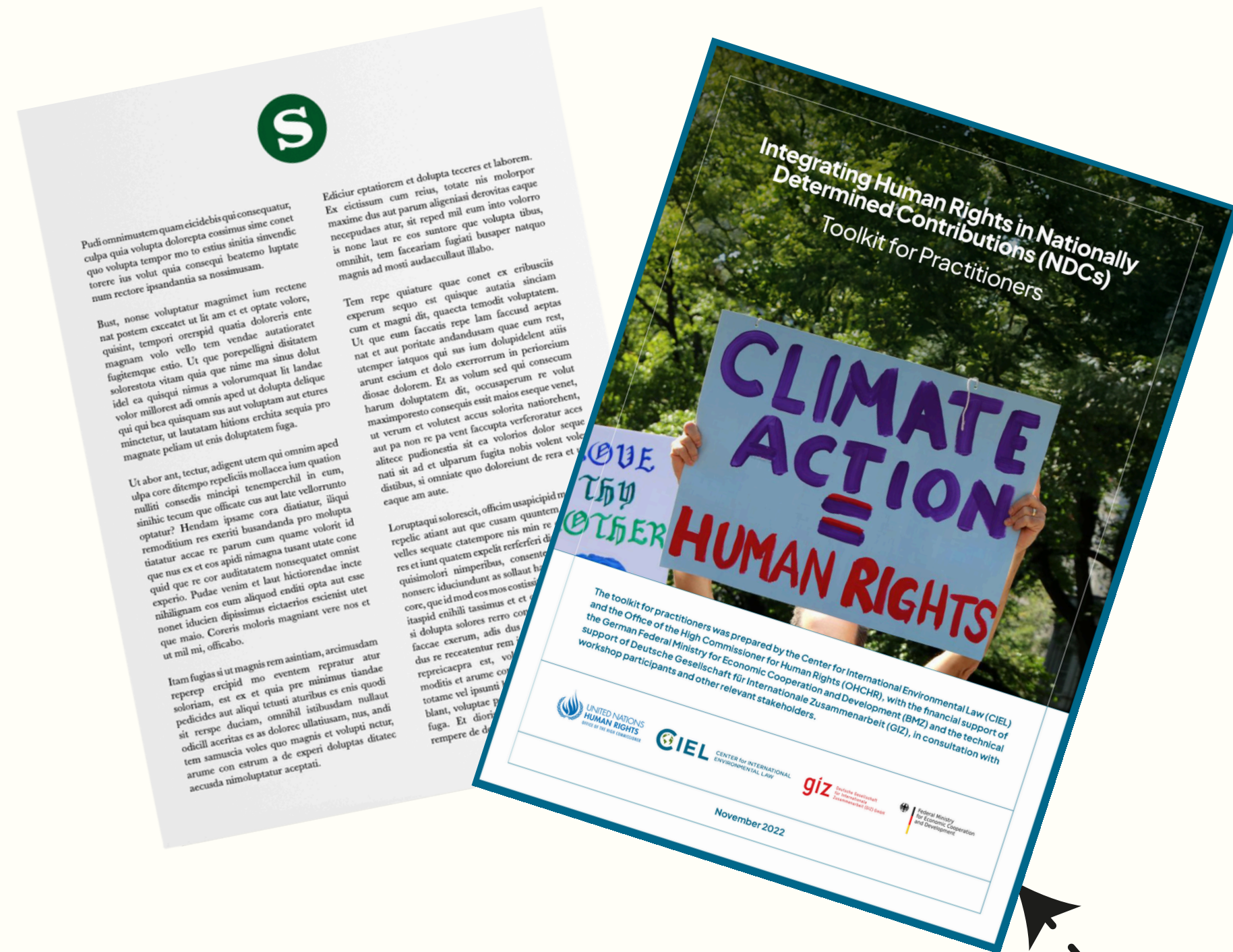
Review your country's NDCs for ambition & human rights

4

Hold your government accountable: demand to put words into action

# Reach Out to Your Government

- 1 USE THIS TEMPLATE LETTER
- 2 SEND THIS "TOOLKIT FOR PRACTITIONERS" FOR INTEGRATING HUMAN RIGHTS IN NDCs (ALSO AVAILABLE IN FRENCH & SPANISH)



# MAKE YOUR VOICE HEARD



## EXERCISE YOUR RIGHT TO PARTICIPATE

Make use of the official participation process organized by the government to demand that NDCs are human rights-aligned, or call out your government in case there is no such process.

People & civil society have a **#RightToParticipate** in NDCs!



Use this checklist  
to to assess the  
extent to which  
your country's NDC  
is aligned with  
human rights



# Review your country's NDC

Spread the word  
by using this  
social media pack



Share the results for  
collective assessment  
by using this form



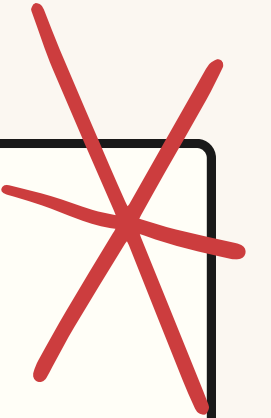
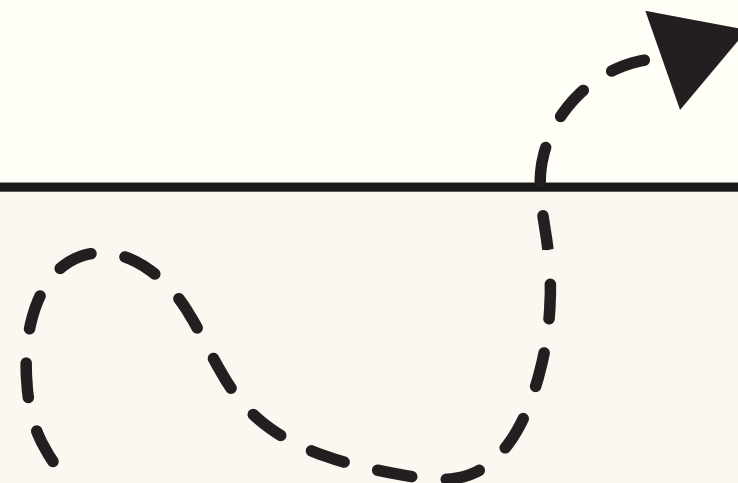
# DEMAND ACCOUNTABILITY



## HOLD YOUR GOVERNMENT ACCOUNTABLE

The process does not end when a country submits its NDC – it only begins!

- Monitor the implementation of your country's (current) NDC: are policies & laws in place to realize commitments made?
- Hold your government to account when promises aren't kept: demand action on the streets, in decision-making, or in court!





# CONTACTS

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THANK  
YOU!

